



Set a Powerful Goal

Module Two, Session Two Worksheet

1. If you and I were to run into each other six months from now, what would you LOVE to be able to tell me had happened in your riding? (This is your goal.)
2. Rewrite your goal in the past or present tense.
3. Include both a measurable result and an intention.
4. Make your goal concise and add powerful descriptive words.
5. Rewrite your goal with a time frame. (Be willing to change and update it.)

This is your powerful goal.