



Make a Plan

Module Two, Session Four Worksheet

A strategy is ongoing. It cannot be checked off a list. It is a habit, routine or something you do regularly.

1. Make a list of all the routines, habits or practices you will put in place in order to accomplish your goal. (There should be some blank space in this part of your plan right now because I'll be giving you strategies that you'll be adding throughout this course!)

An action is something that CAN be checked off a list. When you do it, it's done.

2. Make a list of all the things you'll do in order to accomplish your goals that are one-offs. Put a date next to each action. You'll be constantly crossing things off and adding to your action plan.

Now you have a VISION, a GOAL, a list of STRATEGIES and an ACTION PLAN. This is your strategic plan.